## Contents

Foreword		ix
1	<b>Treatment of advanced cancer</b> Introduction Curative anticancer treatment Palliative anticancer treatment	1 1 1 1
2	Palliative care in advanced cancer Introduction The patient with advanced cancer Crucial points for palliative care in advanced cancer What is the best place for palliative care in advanced cancer? Conclusion	5 6 6 8 9
3	Definition of palliative care Introduction Goals of care Phases of cancer Supportive, palliative and end-of-life care Infrastructural needs	11 11 12 13 13 15
4	How to integrate medical oncology and palliative medicine	17
5	Surgery in advanced cancer Introduction Patient selection Indications for surgery Palliative surgery in specific tumors Side effects Conclusion	21 21 23 24 28 28

6	Radiotherapy in advanced cancer	30
	Introduction	30
	General principles of palliative radiotherapy	30
	Bone metastases	31
	Spinal cord compression	33
	Brain metastases	34
	Leptomeningeal carcinomatosis	36
	Lung cancer	36
	Superior vena cava syndrome	37
	Esophageal cancer	37
	Pelvic masses	37
7	Anticancer drug treatment	39
	Indications	39
	Selection of patients for anticancer drug treatment	39
	Treatment of specific tumor types	46
	Side effects	46
	Conclusion	48
8	Gastrointestinal problems	49
	Introduction	49
	Xerostomia and stomatitis	49
	Dysphagia	50
	Nausea and vomiting	52
	Diarrhea and pseudodiarrhea	57
	Constipation	59
	Acute and subacute malignant bowel obstruction	63
	Anal tenesmus	65
	Ascites	66
	Gastrostoma management	68
	Conclusion	68
9	Alimentation/hydration	71
	Anorexia/cachexia syndrome	71
	Anorexia	72
	Dehydration	76
	Modes of alimentation	78
	Conclusion	79

10	Metabolic problems	80
	Hypercalcemia	80
	Endocrine paraneoplastic syndromes	82
	Hypocalcemia	85
11	Respiratory problems	87
	Introduction	87
	Dyspnea	87
	Cough	95
	Acute respiratory failure	98
	Hemoptysis	102
	Death rales	104
12	Genitourinary problems in advanced cancer	105
	Urinary obstruction	105
	Radiation-induced hemorrhagic cystitis	108
	Frequency-urgency-urinary incontinence-dysuria	109
13	Neurological problems in advanced cancer	111
	Introduction	111
	Raised intracranial pressure	111
	Seizures	112
	Brain metastases	117
	Leptomeningeal carcinomatosis	119
	Paraneoplastic neurological syndromes	121
	Paraneoplastic syndromes with muscle rigidity	126
	Neuromuscular junction disorder	127
	Cranial neuropathies	127
	Plexopathy	129
14	Psychiatric problems	133
	Introduction	133
	Adjustment disorders	133
	Anxiety	137
	Depression	139
	Fatigue	142
	Sleep disorders	143
	Delirium and terminal restlessness	146

15	Cancer pain	150
	Prevalence and etiology	150
	Pain assessment and classification	150
	Treatment of pain	152
	Analgesics	154
	Coanalgesic or adjuvant drugs	172
	Complicated pain syndromes	176
	Anesthetic methods for pain control	176
	Nonpharmacological pain interventions	178
	Psychological and spiritual interventions	179
	Conclusion	179
16	Skin problems in advanced cancer	181
	Introduction	181
	Pruritus	181
	Cutaneous tumor involvement	186
	Lymphedema	190
	Pressure sores	190
	Fungating wounds	194
17	Other problems	196
	Hiccup	196
	Bleeding	198
	Sweating	199
	Prevention and treatment of thromboembolic complications	200
18	Geriatric patients with advanced cancer	204
	Introduction	204
	Incidence and mortality	204
	Evaluation	205
	Treatment	206
	Side effects	210
	Supportive care	210
	Conclusion	211
19	Care of the imminently dying patient	213
	Introduction	213
	Suffering and the terminal phase of the disease	213

	Main symptoms of the terminal phase of the disease Total approach to suffering and quality-of-care assessment	214 218
20	<b>Communication issues in advanced cancer care</b> General issues in communication Communication issues when stopping chemotherapy Communication in palliative care Communication in the hospice Communication issues in the patients' families Conclusion	219 219 222 224 227 230 232
21	Self-care Introduction Burnout A model of self-care Detection Taking care	234 234 234 235 235 236
22	<b>Psycho-oncology in palliative care</b> Introduction Development of psycho-oncology Psycho-oncology and palliative care Conclusion	238 238 238 239 241
23	Bereavement Introduction Etiology Assessment Complicated or pathological grief Treatment Precautions	243 243 243 244 244 244 244 246
24	Existential and spiritual issues Prevalence and definitions Etiology Assessment General intervention options Religious intervention options	247 247 248 250 251 252

## Appendix

Appendix 1: Edmonton Symptom Assessment System	256
Appendix 2: ESMO policy on supportive and palliative care	262
Index	267